



# APPLE AND ALMOND BUTTER TOAST

Preparation: **5** minutes | Cooking: **0** minutes | Servings: **2**

## INGREDIENTS

*4 slices 100% whole wheat bread*  
*2 apples, thinly sliced*  
*2 tablespoons almond butter*

**Optional:**  
*Cinnamon*



## INSTRUCTIONS

Toast whole wheat bread. Spread almond butter across each slice. Wash and thinly slice the apples. Gently fan the apples across the toast. To add an extra kick, use cinnamon as a garnish!

VISIT [RENEWEDYOU.USLI.COM](https://www.renewedyou.usli.com) FOR MORE INFORMATION.

Recipe source: <https://www.eatingwell.com>