



# BERRY-DELICIOUS BREAKFAST SHAKE

Preparation: **5** minutes | Cooking: **0** minutes | Servings: **2**

## INGREDIENTS

*1 frozen banana*  
*1 cup frozen strawberries*  
*2 tablespoons rolled oatmeal*  
*1/4 cup protein powder*  
*1 tablespoon natural creamy peanut butter*  
*1 cup plain unsweetened almond milk*



## INSTRUCTIONS

In a high-speed blender, combine all ingredients. Blend on high until preferred consistency. Pour into a glass and enjoy!

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Recipe source: <https://www.fitfoodiefinds.com>